

## PROFESSIONAL COACHING STAFF

*All Professional NCCP coaches are accredited by  
Skate Canada and are First Aid Certified.*

Deborah Amigo	647-888-5696
Raisa Baila	416 454-7465
Sonya Bukovscak	416-414-8155
Ashley Evison	905-967-2842
Samantha McBride	416-428-4066
Adelina C. Munge	647-999-1970
Ken Rose	905-717-3595
Robyn Rumack	416-844-5402
Danielle Selders-Biette	416-471-5505
Susan Staeuble	905-841-5570
Liz Taylor	416-799-4025
Michelle Vadori	416-274-6514
Stella Krasnoshtein	

Private one-on-one lessons are available, at extra cost, for every level of skater and are to be arranged by skater/parent directly and independently with any coach.

Coaches' email info: [www.rhfsc.on.ca](http://www.rhfsc.on.ca)

### CanSkate Certified Coaches

Available for Private Lessons for Preschoolers and Canskaters only, in addition to the above coaches.

Caitlyn Chiarelli	647-883-1583
Ginny Connon	905-713-9882

**GUEST COACHES are welcome on our Spring  
2010 session with prior Board approval**

**Please e-mail Club in advance to request  
permission to coach**

All sessions at:

### Elgin Barrow Arena - West Rink

except Wednesday STARSkate Senior and AdultSkate  
as noted on East Rink

**FOR ALL PROGRAMS SEE REVERSE FOR  
NATIONAL SKATE CANADA FEE INFO!**

## CLUB RULES and GUIDELINES

### For Parents and Skaters

Membership in the Richmond Hill Skating Club is a privilege and will be revoked for inappropriate behavior on the part of parents or skaters. Membership is not transferable to another person.

**Payment in full by personal cheque, e-mail invoice or cash is required at the time of registration.** A \$25 returned cheque fee will be charged to the author of any returned cheque regardless of circumstances.

Fees will not be prorated for late registration.

**Absolutely no refunds after the third week of the session except for medical reasons with a doctors note.** All refunds/credits will be reduced by \$25.00 for each class run on the enrolled session regardless of attendance. Refunds requested prior to the start of the session will be charged a \$25 administration fee.

**Skate Canada fees are 100% non refundable.**

Skaters may only skate on the days for which they have registered.

Guest skating is allowed up to 3 times per session at a cost of \$15 per skate. Skaters may skate up or down one level but only if space permits. Forms are available from any of our coaches and fees are payable prior to stepping on the ice.

No allowance or "make ups" will be made for a skater who misses any class, OR classes cancelled due to Club Competition Day and/or Test Days OR classes cancelled due to closure(s) due to severe weather, unforeseen arena circumstances, etc.

Skaters making a change to their schedule, after the start of the program, will be charged a \$10.00 administration fee.

The Club reserves the right to limit the number of skaters in each session and to cancel or re-schedule any session due to low enrolment.

**Skaters under the age of 12 must have a Parent or Guardian in the arena at all times during sessions.**

# Richmond Hill Skating Club

*Proudly Serving the Community for Over 50 Years!*



**COME SKATE WITH US!**

**Spring 2010 - April 5 to May 30**

**Register in person on:**

**Sunday, March 7, 2010 - 12 noon to 2 pm**

**Tuesday, March 9, 2010 - 6 pm to 8 pm**

**at**

**Elgin Barrow Arena**

**43 Church Street South**

1 block north of Major MacKenzie Drive East  
& 1 block east of Yonge Street

**Or register on-line anytime at:**

**[www.rhfsc.on.ca](http://www.rhfsc.on.ca)**

**to contact us:**

**e-mail: [membership@rhfsc.on.ca](mailto:membership@rhfsc.on.ca)**

**tel: 905-508-0054**

**Sanctioned by:**



## Learn To Skate PROGRAMS

### Preschool (3 & 4 years of age)

This program teaches skating skills through the use of simple instruction, games and toys. The goal is to help skaters develop balance and coordination on ice, with the emphasis on having fun in a group format.

CSA Cert. Hockey/Skating helmets WITH CAGE are mandatory. Average 6:1 Ratio

Tuesday	5:15 to 5:45 PM
Saturday	11:15 to 11:45 AM
Sunday	11:30 AM to NOON

#### Preschool Fees

1 day per week	8 sessions	\$105
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### Learn To Skate (5 to 13 years of age)

This National *CanSkate* Badge Program teaches beginner & up skating skills in 6 stages. 15 min. warm up & then half hour group format lesson all exclusively taught by our NCCP Certified Professional Coaches.

CSA approved Hockey/Skating helmets are mandatory.  
Bike/Ski helmets are not permitted.

Private lessons are optional. Average 8:1 Ratio

Monday	7:00 to 7:45 PM
Tuesday	6:45 to 7:30 PM
Wednesday	5:45 to 6:30 PM
Thursday	6:45 to 7:30 PM
Friday	6:30 to 7:15 PM
Saturday	11:45 to 12:30 PM
Sunday	10:45 to 11:30 AM
Sunday	12:15 to 1:00 PM

#### Learn to Skate Fees

1 day per week	8 sessions	\$135
2 days (recommended)	16 sessions	\$200

### Junior (Advanced CanSkate)

CanSkate badges 5 – 7 taught incl. an introduction to figure skating. 15 min. warm up, 30 min. group lessons, 15 min. supervised practice time. **Skaters must have completed a minimum of Stage 4\_CanSkate to qualify.** Skating helmets mandatory. Private lessons are optional.

Average 10:1 Ratio

Tuesday	5:45 to 6:45 PM
Thursday	5:45 to 6:45 PM
Saturday	10:15 to 11:15 AM

#### Junior Fees

1 day per week	8 sessions	\$160
2 days (recommended)	16 sessions	\$240

## STAR Skate PROGRAMS

### Novice

Program focuses on skating techniques that will prepare skaters for competitions and tests evaluated by Skate Canada certified judges. Skaters develop their Dance, Skating Skills, Freeskate and Stroking techniques in **private lesson format**. A 15 minute group Stroking lesson is provided per session.

**Skaters must have passed CanSkate Level 7 to be eligible for this program.**

Private Lessons Required

Monday	5:45 to 6:45 PM
Monday (min. 15 years old)	7:55 to 9:00 PM
Friday	7:30 to 8:30 PM
Saturday	12:45 to 1:45 PM

#### Novice Fees

2 days per week (min.)	16 sessions	\$235
3 days (recommended)	24 sessions	\$290
4 days (min. 15 years old)	32 sessions	\$375

### Senior

See Novice details: This program further develops skills and techniques. One 15 minute Stroking lesson is provided per session. **Skaters must have passed both Preliminary Tests - Dance & Skills Or both Preliminary Freeskate tests to qualify for this program.**

Private Lessons Required

Monday	5:45 – 7:00 PM
Monday (minimum 13 years old)	7:55 – 9:00 PM
Wednesday (East Rink)	6:45 – 8:00 PM
Friday	5:15 – 6:30 PM
Saturday	12:45 – 2:00 PM

#### Senior Fees

2 days per week (min.)	16 sessions	\$275
3 days (recommended)	24 sessions	\$360
4 days	32 sessions	\$420
5 days (min. 15 years old)	40 sessions	\$470

### Off-Ice

An enhancement program focused on improving strength, movement, posture.

The off-ice class is mandatory & included in Novice and Senior program fees.

8 classes

Wednesday (Richmond Hill Room) 8:10 to 8:55 PM

## Adult Skate PROGRAMS

### Beginner Adult

For inexperienced adult skaters 14 yr. olds & up. This program teaches basic skating skills in 6 stages. Skills are taught in a group format by a Professional Coach. **This class is exclusively for Beginner or non-skaters that are working at equivalent level 6 Canskate or below. Private lessons optional. CSA approved hockey/skating helmets are mandatory in order to participate in this class.**

Sunday 11:30 - 12:15 PM

#### Beginner Adult Fees

1 day per week	8 sessions	\$140
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### Advanced Adult

Includes 15 min. stroking lesson conducted by a Professional Coach.

Private lessons and test days are optional.

Monday 7:55 – 9:00 PM

Minimum Age requirement:

14 years or older up with Senior Qualifications  
16 years or older with Novice Qualifications

Wednesday 8:10 to 9:00 PM East Rink

Minimum Age requirement:

16 years or older with Novice Qualifications

#### Advanced Adult Fees

1 day per week	8 sessions	\$140
2 days (recommended)	16 sessions	\$235

#### EVENT DATES:

Spring Test Day: Date to be advised

#### \*\*\*NOTICE\*\*\*

All session Start & Finish times are based on the Arena's Rink Level Scoreboard Clocks over which the club has no control. The scoreboard clocks can run up to 10 minutes ahead of actual time. Early arrival for all sessions is recommended.

#### SKATE CANADA FEE:

(National Membership & Insurance)

\$31.00 is payable once each skating year on members first registration.

Skating Year for 2009/2010 is:  
September 1, 2009 to August 31, 2010